



# OPENNESS TO PERMANENCY SCALE

Developed for  
**Bethany Christian Services**  
It's Up to Me (ReConnect) Program

by  
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## **Introduction**

**The Purpose of this Instrument:** This questionnaire is designed to determine a youth's willingness for adoption. The scale identifies issues such as conflicted loyalty, self-esteem, and worthiness. The questionnaire consists of 22 brief statements rated by the youth on a four-point scale from Not True At All to Exactly True. Directions are provided for administering and scoring the questionnaires. This scale is used to measure change in a youth's openness to permanency over time in the It's Up To Me/ReConnect program. It is also used for discussion purposes between the youth, case manager, adoptive parent(s), and/or birth family.

**Interval of Administration of Instrument:** This instrument is administered by the case manager at intake, 6 months into the program, 1 year into the program, and at termination.

## Openness to Permanency Scale (OTP)

Please read each sentence and check the box under the answer that best fits how you feel.

Not true at all	Hardly true	Moderately true	Exactly true	
				It bothers me that I may disappoint my birth parents if I agree to be adopted.
				I have many personal strengths and am a good person.
				I need healthy adults in my life to love me and take care of me.
				I feel guilty when I think I would be happy in an adoptive home.
				It would be too hard to fit into a permanent family at my age.
				An adoptive family would not let me keep important relationships with my siblings or parents.
				The right adoptive family could accept my past, even the bad things that happened in my family.
				There are other families who could love me as much as my birth parents.
				I want a worker to find a permanent home for me.
				I can protect myself from being hurt by people who have hurt me in the past.
				I'm afraid I won't see my birth family or other people who are important to me if I'm adopted.
				I know there are people in my life who care for me and will support me.
				I want and deserve a permanent family.
				I am lovable.
				If I am adopted, I will lose contact with birth family members I love.
				Adoptive families are not interested in adopting teens.
				I can love more than one family.
				I would be more comfortable and accepted in an adoptive family than my current placement.
				I'm afraid my birth family won't have anything to do with me if I'm adopted.
				Even if there has been hurt and anger between people, relationships can be healed.
				There are secrets from my birth family that are just too bad to share with anyone.
				I have the courage to I need to become part of a new family.

## Openness to Permanency Scale (OTP) – Scoring Sheet

The higher the total score, the greater the suggested level of openness to permanency.

Not true at all	Hardly true	Moderately true	Exactly true	
4	3	2	1	It bothers me that I may disappoint my birth parents if I agree to be adopted. (-)
1	2	3	4	I have many personal strengths and am a good person. (+)
1	2	3	4	I need healthy adults in my life to love me and take care of me. (+)
4	3	2	1	I feel guilty when I think I would be happy in an adoptive home. (-)
4	3	2	1	It would be too hard to fit into a permanent family at my age. (-)
4	3	2	1	An adoptive family would not let me keep important relationships with my siblings or parents. (-)
1	2	3	4	The right adoptive family could accept my past, even the bad things that happened in my family. (+)
1	2	3	4	There are other families who could love me as much as my birth parents. (+)
1	2	3	4	I want a worker to find a permanent home for me. (+)
1	2	3	4	I can protect myself from being hurt by people who have hurt me in the past. (+)
4	3	2	1	I'm afraid I won't see my birth family or other people who are important to me if I'm adopted. (-)
1	2	3	4	I know there are people in my life who care for me and will support me. (+)
1	2	3	4	I want and deserve a permanent family. (+)
1	2	3	4	I am lovable. (+)
4	3	2	1	If I am adopted, I will lose contact with birth family members I love. (-)
4	3	2	1	Adoptive families are not interested in adopting teens. (-)
1	2	3	4	I can love more than one family. (+)
1	2	3	4	I would be more comfortable and accepted in an adoptive family than my current placement. (+)
4	3	2	1	I'm afraid my birth family won't have anything to do with me if I'm adopted. (-)
4	3	2	1	Even if there has been hurt and anger between people, relationships can be healed. (-)
4	3	2	1	There are secrets from my birth family that are just too bad to share with anyone. (-)
1	2	3	4	I have the courage to I need to become part of a new family. (+)

**Total Score:** \_\_\_\_\_