Resources to Help Children Thrive

Partially adapted from Strengthening Families Georgia’s Concrete Support
Goals for Today

- Explore basic needs and how they affect caregiver-child interaction
- Better understand the stereotypes and inequalities that keep families in poverty
- Be able to name several resources available to families
- Have strategies for aiding a variety of caregiver needs
- Be able to explain how helping serves everyone
Helping Without Bias

• What do you believe causes poverty?
• Where do your beliefs come from?
• How are your experiences and exposure to opportunities, while growing up, different than the people struggling in poverty that you serve?
• Are you able to suspend judgment and believe that people are making the best decisions possible from their perspective?
Caregiving is impacted by more than the caregiver-child interaction

- Basic resources
- Essential Services
- Social Services

What are these exactly?
Impact of Poverty on Young Children

Ongoing exposure to economic hardship can

- Limit their opportunities
- Affect academic achievement
- Affect future health and productivity
Poverty in Georgia - 2015

For a Family of 4 low-income is below an annual income of $49,200

In Georgia, 49% (1,209,688) of children live in low-income families.

Poverty and Maltreatment

Children in low SES status households (below $15,000) have significantly higher rates of maltreatment.

3 X more likely to be abused
7 X more likely to be neglected

Source: National Center for Children in Poverty www.nccp.org
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<td>• $7,836 - Medicaid if you are a parent that is not pregnant, disabled or over 65 (31% FPL)</td>
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The average person living in poverty has 1.7 jobs.

- **40 hrs./ week at minimum wage ($7.25)**
- **55 hrs./ week at minimum wage ($7.25)**

Total family income is about **$35,000** (with no sick days or vacation).

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The average person living in poverty has 1.7 jobs.  
40 hrs./week at minimum wage ($15.00)  
55 hrs./week at minimum wage ($7.25)  
Total family income is about $50,500 (with no sick days or vacation).
Living in Poverty Cost More

Why might people who live in poverty end up spending more on **food**, **housing**, and **transportation**?

$500 Billion a Year on Poverty
What you Need to know

• Caregivers view of most immediate need
• Steps the parent has taken
• How family handles problems
• Current connections
• Beliefs around the issue
• Ability to accomplish goals
• Available resources
• Caregiver’s desire and capacity
Linking Families to Concrete Support

• Start with Survival
• Partner with Families
• Acknowledge Difficulties
• Draw on Culture and Strengths
• Bureaucratic Fatigue
• Access to the Internet
• Commit to Multiple Stages
• Follow-up
Learning More about Strengthening Families Georgia

1. Parental Resilience
   Parents/Caregivers Can Bounce Back

2. Social Connections
   Parents Have Friends

3. Knowledge of Child Development
   Parents Know How Children Grow and Learn

4. Concrete Support in Times of Need
   Parents Know Where to Turn for Help

5. Social and Emotional Competence of Children
   Children Learn to Talk About and Handle Feelings

www.strengtheningfamiliesga.net
1-800-CHILDREN
Helpline Background

• Contains over 3,000 resources and services from across Georgia
• Operated by trained Information and Referral Specialists
• Open Monday-Friday, 9:00 a.m. – 6:00 p.m.
• Bilingual (Spanish/English)
• Toll Free

• 94% of survey callers would call the helpline again for assistance
1-800-CHILDREN Helpline Purpose

Information and referral line for parents, caregivers and professionals who are concerned with the healthy development of children and the prevention of child abuse and neglect

A safe place to discuss options

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<th>The Helpline Serves:</th>
<th>Reasons to Call:</th>
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<td>• Parents</td>
<td>• Parenting Support</td>
</tr>
<tr>
<td>• Grandparents</td>
<td>• Counseling and support groups</td>
</tr>
<tr>
<td>• Foster Parents</td>
<td>• Referrals for legal needs</td>
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<tr>
<td>• Survivors of Abuse</td>
<td>• Family violence concerns</td>
</tr>
<tr>
<td>• Youth</td>
<td>• Child abuse prevention information</td>
</tr>
<tr>
<td>• Friends or Relatives</td>
<td>• Resources for special needs children</td>
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<tr>
<td>• Faith Communities</td>
<td>• Grandparent issues</td>
</tr>
<tr>
<td>• Professionals</td>
<td></td>
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1-800-CHILDREN
Helpline
Resource Map
1-800-CHILDREN Helpline Resource Map

Virtual map containing over 3,000 resources from across Georgia

• A companion tool for the 1-800-CHILDREN Helpline
  • Linked to the 1-800-CHILDREN Helpline Database
• Launched in March of 2018
• Linked to Georgia SHINES
• Available at www.PCAGeorgiaHelpline.org
Map Features

- Metro Atlanta Marta rail stations and bus transit routes are available on the map
  - Rail stations and transit routes outside of the Metro area are not available at this time
- Ability to search for resources according to location
- Filter according to service or need
- A legend detailing symbols
- Excel exporting option
Map Usefulness

Use the 1-800-CHILDREN Helpline Resource Map when:
• Searching for services in your proximity
• Referring families to services near their home
• Exporting a list of services to excel
• Looking for a service provider’s address

Do not use the 1-800-CHILDREN Helpline Resource Map when:
• Reporting child abuse and neglect (Call 1-855-GA-Child)
• Reporting an emergency situation (Call 911)
• Concerned about the well-being of a child or family member (Call 1-800-CHILDREN)
Demonstration
We Need **YOU**!

- If you discover new resources that are not available on the map please:

- If you run into technical issues, questions, additional resources or suggestions for the map please email: nmcdowell2@gsu.edu.
Help us spread the word!

1-800-CHILDREN Marketing Tool Kit

www.PCAGeorgiaHelpline.org
Inside

- News content and images
  - Parents and caregivers
  - Child serving professionals
- Web banner
- Printable flyer
- PowerPoint slide
- Social media content
  - Tweets
  - Facebook posts
  - Instagram posts & accompanying images
Social Media Content

Did you know there is community support throughout Georgia to help grandparents raising grandchildren? Let us help, call 1-800-CHILDREN (1-800-244-5373).

Parenting is tough! 1-800-CHILDREN can help.
1 - 8 0 0 - 2 4 4 - 5 3 7 3
Call 1-800-CHILDREN (1-800-244-5373) Se Habla Español

Connects Families to Supportive Programs and Resources in your Community

The 1-800-CHILDREN Helpline Includes:
- Courts/ Criminal Justice/ Public Safety
- Education/ Employment
- Family and Community Resources
- Food/ Clothing/ Shelter
- Healthcare
- Abuse/ Domestic Violence

The 1-800-CHILDREN Helpline is For:
- Professionals that work with families
- Parents, Foster Parents,
- Grandparents, Kin, and/or Friends
- Crime Victims or Survivors of Abuse
- Faith Communities

New Online Resource Map
The 1-800-CHILDREN Helpline contains over 3,000 resources that can also be found on PCA Georgia Online Resource Map.

Go to: www.PCAGeorgiaHelpline.org
Partner up!

<table>
<thead>
<tr>
<th>Select</th>
<th>Plan</th>
<th>Report Out</th>
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<tr>
<td>Select a scenario</td>
<td>Create an action plan with at least 5 steps.</td>
<td>You might be asked to share!</td>
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You Can Help

Family Serving Programs can

• monitor the existence or development of high stress situations
• serve as a conduit for the emergency provision of material resources
• link parents to needed services
Thank You!

Naeshia McDowell, Training and Helpline Coordinator  
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