### Resources to Help Children Thrive





# Goals for Today

- Explore basic needs and how they affect caregiver-child interaction
- Better understand the stereotypes and inequalities that keep families in poverty
- Be able to name several resources available to families
- Have strategies for aiding a variety of caregiver needs
- Be able to explain how helping serves everyone

#### Helping Without Bias

- What do you believe causes poverty?
- Where do your beliefs come from?
- How are your experiences and exposure to opportunities, while growing up, different than the people struggling in poverty that you serve?
- Are you able to suspend judgment and believe that people are making the best decisions possible from their perspective?





#### Love Isn't All You Need

Caregiving is impacted by more than the caregiver-child interaction

- Basic resources
- Essential Services
- Social Services

What are these exactly?

# Impact of Poverty on Young Children

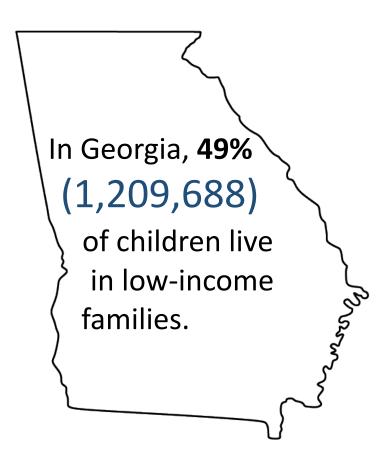
Ongoing exposure to economic hardship can

- Limit their opportunities
- Affect academic achievement
- Affect future health and productivity



#### Poverty in Georgia - 2015

For a Family of 4 low-income is below an annual income of \$49,200



#### **Poverty and Maltreatment**

Children in low SES status households (below \$15,000) have significantly higher rates of maltreatment.

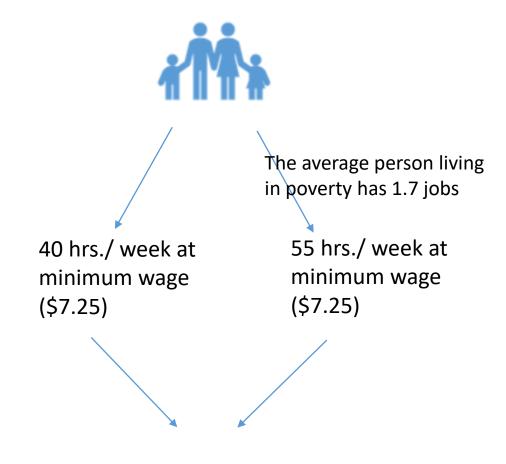
**3** X more likely to be abused

**7** X more likely to be neglected

Source: National Center for Children in Poverty www.nccp.org

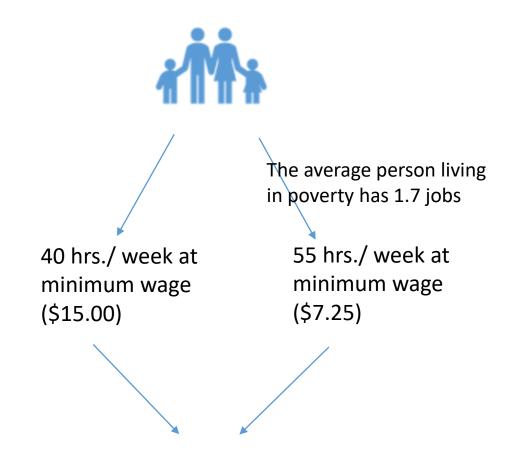
# Public Assistance Graphic 2017

Income Limit Based on a Family of 4 (100% FPL= \$24,600)		
\$70,000	• \$79,500 - Georgia Dream Home Ownership Program Atlanta (323% FPL)	
	• \$73,800 - RX Outreach Program (300% FPL)	
\$60,000	• \$68,500 - Georgia Dream Home Ownership Program (278% FPL)	
\$50,000	• \$57,105 - PeachCare for Kids (235% FPL)	
	• \$54,120 - Right from the Start Medicaid, Pregnant Women and Newborns (220% FPL)	
	• \$50,430 - Right from the Start Medicaid, Child under 1 year (205% FPL)	
\$40,000	• \$45,530 - Women Infant Children (WIC) (185% FPL)	
	• \$44,955 - Reduced Lunch (183% FPL)	
\$30,000	• \$39,360 - Child care subsidy (160% FPL)	
	• \$36,654 - Right from the Start Medicaid, Child 1-5 (149% FPL)	
	• \$32,718 - Right from the Start Medicaid, Child 6-19 (133% FPL)	
	• \$31,590 - Food Stamps (128% FPL)	
	• \$31,590 - Free Lunch (128% FPL)	
630,000	Comment Federal Barretty Lavel 624 600	
\$20,000	Current Federal Poverty Level- \$24,600	
	• \$7,836- Medicaid if you are a parent that is not pregnant, disabled or over 65 (31% FPL)	



Total family income is about \$35,000 (with no sick days or vacation)

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Living in Poverty Cost More

Why might people who live in poverty end up spending more on **food**, **housing**, and **transportation**?

\$500 Billion a Year on Poverty

#### What you Need to know

- Caregivers view of most immediate need
- Steps the parent has taken
- How family handles problems
- Current connections
- Beliefs around the issue
- Ability to accomplish goals
- Available resources
- Caregiver's desire and capacity



# Linking Families to Concrete Support

- Start with Survival
- Partner with Families
- Acknowledge Difficulties
- Draw on Culture and Strengths
- Bureaucratic Fatigue
- Access to the Internet
- Commit to Multiple Stages
- Follow-up



## Learning More about Strengthening Families Georgia

#### 1. Parental Resilience

Parents/Caregivers Can Bounce Back

#### 2. Social Connections

**Parents Have Friends** 

#### 3. Knowledge of Child Development

Parents Know How Children Grow and Learn

#### 4. Concrete Support in Times of Need

Parents Know Where to Turn for Help

#### **5. Social and Emotional Competence of Children**

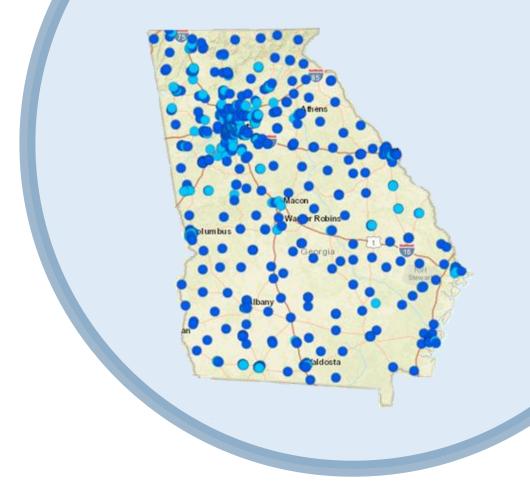
Children Learn to Talk About and Handle Feelings

www.strengtheningfamiliesga.net



#### 1-800-CHILDREN Helpline Background

- Contains over 3,000 resources and services from across Georgia
- Operated by trained Information and Referral Specialists
- Open Monday-Friday, 9:00 a.m. 6:00 p.m.
- Bilingual (Spanish/English)
- Toll Free



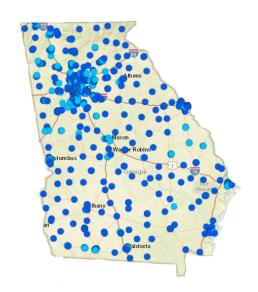
94% of survey callers would call the helpline again for assistance

#### 1-800-CHILDREN Helpline Purpose

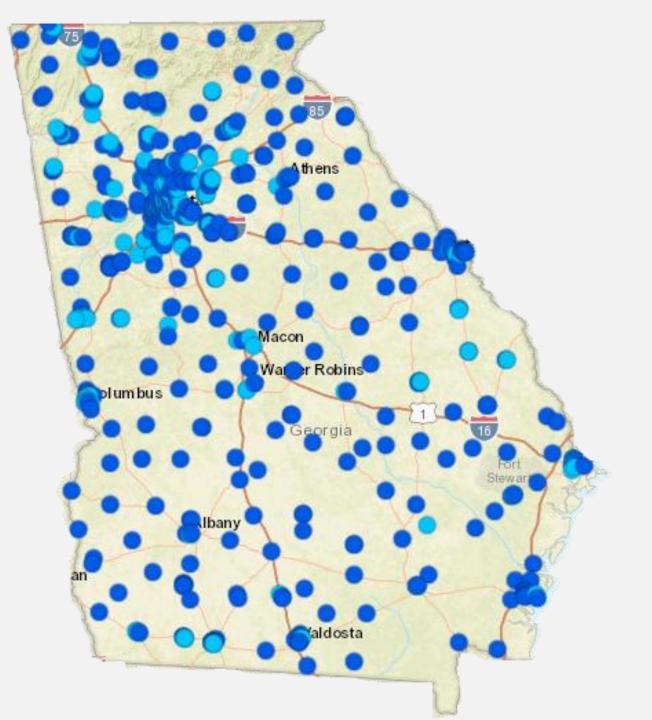
Information and referral line for parents, caregivers and professionals who are concerned with the healthy development of children and the prevention of child abuse and neglect

#### A safe place to discuss options

The Helpline Serves:	Reasons to Call:
<ul> <li>Parents</li> <li>Grandparents</li> <li>Foster Parents</li> <li>Survivors of Abuse</li> <li>Youth</li> <li>Friends or Relatives</li> <li>Faith Communities</li> <li>Professionals</li> <li>Crime Victims</li> </ul>	<ul> <li>Parenting Support</li> <li>Counseling and support groups</li> <li>Referrals for legal needs</li> <li>Family violence concerns</li> <li>Child abuse prevention information</li> <li>Resources for special needs children</li> <li>Grandparent issues</li> </ul>



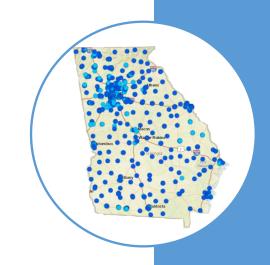
# 1-800-CHILDREN Helpline Resource Map



#### 1-800-CHILDREN Helpline Resource Map

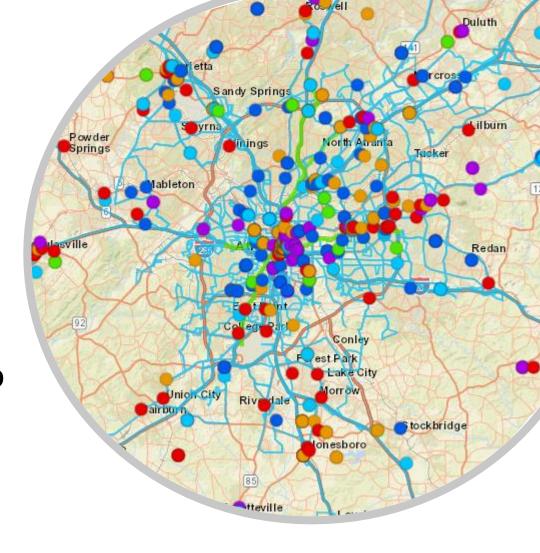
#### Virtual map containing over 3,000 resources from across Georgia

- A companion tool for the 1-800-CHILDREN Helpline
  - Linked to the 1-800-CHILDREN Helpline Database
- Launched in March of 2018
- Linked to Georgia SHINES
- Available at <u>www.PCAGeorgiaHelpline.org</u>



#### Map Features

- Metro Atlanta Marta rail stations and bus transit routes are available on the map
  - Rail stations and transit routes outside of the Metro area are not available at this time
- Ability to search for resources according to location
- Filter according to service or need
- A legend detailing symbols
- Excel exporting option



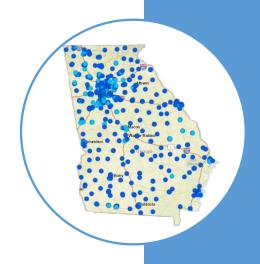
#### Map Usefulness

#### Use the 1-800-CHILDREN Helpline Resource Map when:

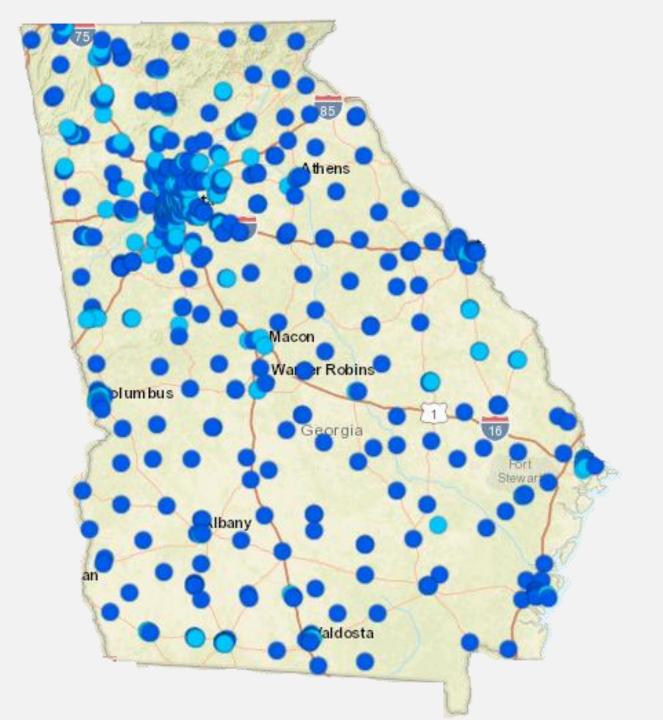
- Searching for services in your proximity
- Referring families to services near their home
- Exporting a list of services to excel
- Looking for a service provider's address

#### Do <u>not</u> use the 1-800-CHILDREN Helpline Resource Map when:

- Reporting child abuse and neglect (Call 1-855-GA-Child)
- Reporting an emergency situation (Call 911)
- Concerned about the well-being of a child or family member (Call 1-800-CHILDREN)



#### Demonstration





#### We Need YOU!

- If you discover new resources that are not available on the map please:
  - submit a referral form by visiting
     http://abuse.publichealth.gsu.edu/1-800 children-helpline-resource-and-referral guide/
- If you run into technical issues, questions, additional resources or suggestions for the map please email: <a href="mailto:nmcdowell2@gsu.edu">nmcdowell2@gsu.edu</a>.

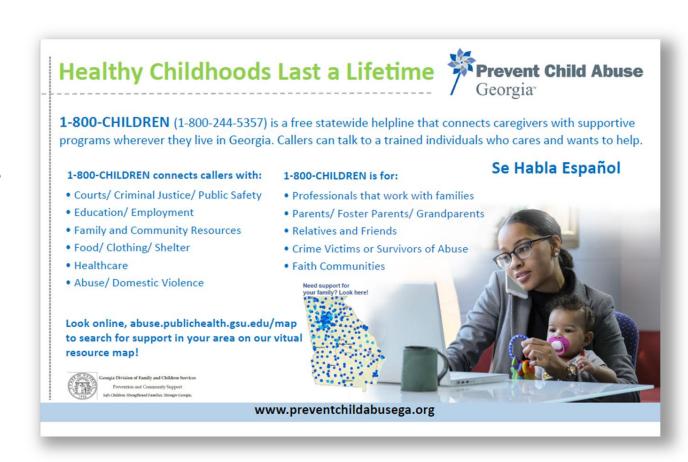
# Help us spread the word!

1-800-CHILDREN
Marketing Tool Kit

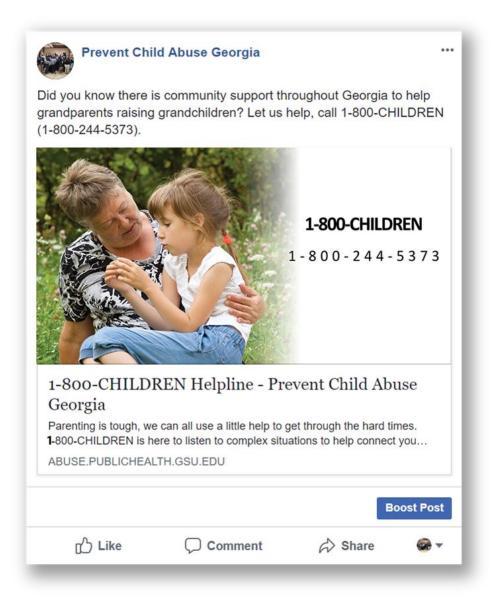


#### Inside

- News content and images
  - Parents and caregivers
  - Child serving professionals
- Web banner
- Printable flyer
- PowerPoint slide
- Social media content
  - Tweets
  - Facebook posts
  - Instagram posts & accompanying images



#### Social Media Content





#### Call 1-800-CHILDREN (1-800-244-5373) Se Habla Español

Connects Families to Supportive Programs and Resources in your Community

#### The 1-800-CHILDREN Helpline Includes:

- Courts/ Criminal Justice/ Public Safety
- Education/ Employment
- Family and Community Resources
- Food/ Clothing/ Shelter
- Healthcare
- Abuse/ Domestic Violence

#### **New Online Resource Map**

The 1-800-CHILDREN Helpline contains over 3,000 resources that can also be found on PCA Georgia Online Resource Map.

Go to: www.PCAGeorgiaHelpline.org

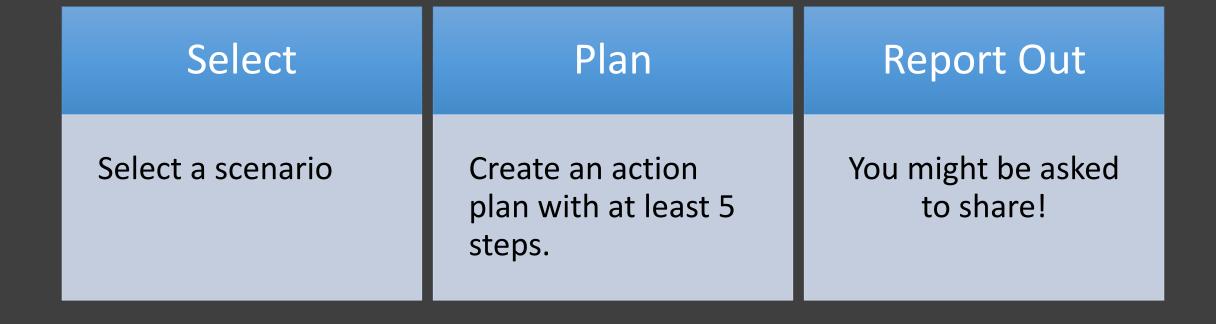
#### Prevent Child Abuse Georgia

#### The 1-800-CHILDREN Helpline is For:

- Professionals that work with families
- Parents, Foster Parents,
- Grandparents, Kin, and/or Friends
- Crime Victims or Survivors of Abuse



#### Partner up!



#### You Can Help

#### **Family Serving Programs can**

- monitor the existence or development of high stress situations
- serve as a conduit for the emergency provision of material resources
- link parents to needed services



#### Thank You!

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