

Baby Steps

Recovery Program



Pregnant?

Using?

(404) 451-1984

Babystepsrecoveryprogram@gmail.com

Support, Resources and Help for Moms-To-Be with substance use issues.

How can we help?

Our program provides a Plan of Safe
Care that identifies your overall needs. A
Safe Care Coordinator will make referrals
and link you to peer support (people who
are living in
recovery) and services.



The Purpose of a Plan of Safe Care is to:

- Focus on you and the health, safety and development of your baby
- Work with you to identify your overall needs
- Make referrals for you and your family

Douglas County Resources

- *Pregnancy Resource Center (PRC): (404) 478-6551
- *WIC: (770) 514-2389
- *Douglas County Department of Public Health: (770) 949-1970
- *WellStar Medical Group North Douglas OB/GYN: (770) 949-4188
- *Food stamps (SNAP), TANF, Medicaid: (770) 489-3000
- *Medicaid Transportation: (678) 510-4555
- *Mother to Baby: (toll- free) 866-626-6847, text: 855-999-8525

Substance Use Treatment

- * Behavioral Health Crisis Center: (404) 794-4857
- * Cobb/Douglas Access Center: (770) 422-0202
- * Cobb/Douglas CSB: (770)-949-8082
- * Recovery Unlimited: (678) 324-0476
- * HealthQwest: (770) 726-7958
- * Cares Warm Line: (call or text toll free) 844-326-5400
- * mygcal.com to search for treatment providers statewide

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