

## Common Stereotypes!

Take a minute to recall biases and stereotypes you have heard used or experienced and write them under each heading.

#### Presentation Expectations

What do you hope to gain from this presentation?

#### Introduction

This presentation is not to solve the mystery of race and its importance but to help you consider the population you serve when accepting and assigning your volunteers. I want you to think about the National CASA Mission and consider the belief systems & social constructs of your volunteers as it relates to race, biases, and prejudices.

Equally, I want you to consider your audience, and their experiences based on stereotypes and systemic barriers.

Who's in the room! (social workers? Advocates? Teachers? Therapist? Attorneys? (Name, profession & Program)

## Learning Objectives

Be aware of Self-Biases, Hidden Biases, & Stereotypes

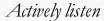
Identify some ways micro & macro aggressions can negatively impact children & families we work with!

See color! Think about potential implications of being marginalized. Identify protective factors and consider how we build resiliency in our children.

## Safe Space Dialogue & Self-Reflection

Confidential

Speak from your own experience



Be respectful & Be aware of your thoughts, feelings, attitudes, body language and what triggered that particular reaction/response

## Impressions

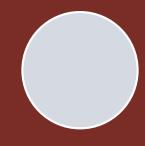
Return to the Flip Chart and choose two stereotypes that resonate with you. Return to seat and pair up with a peer and discuss your experience.

• Share your Impression

Highlight the intersectionality of multiple stereotypes. Be prepared to discuss with larger group.

#### Cultural Humility

Cultural humility is a term coined by Melanie Tervalon and Jann Murray-Garcia. Cultural Humility is based on the idea of focusing on selfreflection and lifelong learning.



Cultural Humility involves taking an explorative look into your personal ideology on power dynamics, cultural themes, and isms. (LaFayette E. Young, Jr. MSW)



Culture is ever changing! It is not possible to predict the beliefs and behaviors of someone based on their race, ethnicity or national origin.

#### Cultural Competence

This class will not make you entirely compentent regarding one person's culture!

What about the culture of DFCS? Can we determine a biological parent's outcome based on how they look, or behave?

Should we determine their outcome or should they be initially treated as a candidate for a positive outcome such as return home?

#### Foster Parents, Foster Children, CASA

How does each stereotype intersect and serve as a barrier to us furthering our Advocacy.

Do you Believe we all have stereotypes we believe to be facts?

Phraseology: Words, Context, Terminology

# What are some words or phrases you have heard when describing people of color?

• I don't see color! You have good hair! What are you having for dinner? Fried Chicken? I don't even think about it! She's a strong character! We're all equal! We're the same! God made Race!

LaFayette E. Young, Jr. MSW

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## Phraseology: Words, Usage, Terminology

What are words use to describe parental figures, & caregivers who are hostile or non compliant?

Crazy!
Manipulative!
Difficult

## Colors: Black-Brown-Carmel-Mocha-light



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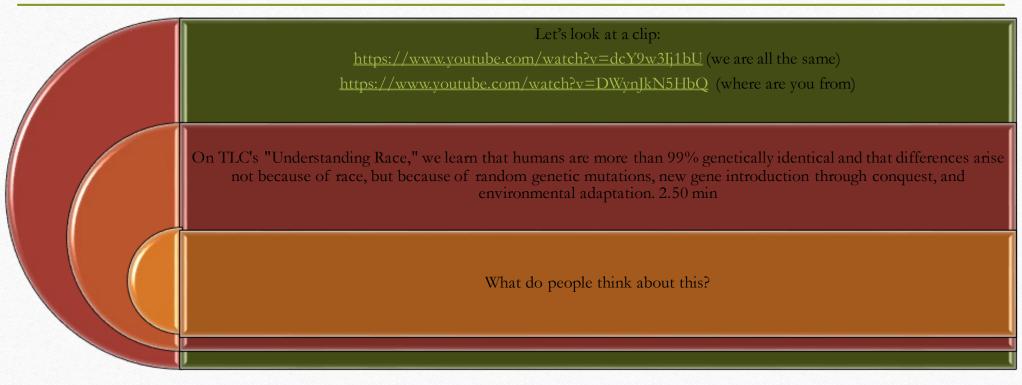
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## RACE: Why are we still talking about it?

- It was 1955 When Rosa Parks Refused to move to the back of the bus!
- 1964 President Lyndon Johnson prohibited discrimination in public places.
- 1965 ended discrimination with voting rights for people of color; although 1870 black men could vote if they passed an intelligence test.
- Jim Crow Laws 1877 1954 (Jumping Jim Crow) segregation and statesponsored racism



## Understanding: All Races Are Identical : Wrap-up



## Microaggressions?

Brief and commonplace daily verbal, behavioral, and environmental indignities, whether intentional or unintentional, that communicate hostile, derogatory, or negative racial, gender, sexual orientation, gender identity or expression, religious, and other slights and insults to a target person or group. Sue, 2010; Palmer & Bohley, 2013.

A statement, action, or incident regarded as an instance of indirect, subtle, or unintentional discrimination against members of a marginalized group such as a racial or ethnic minority.

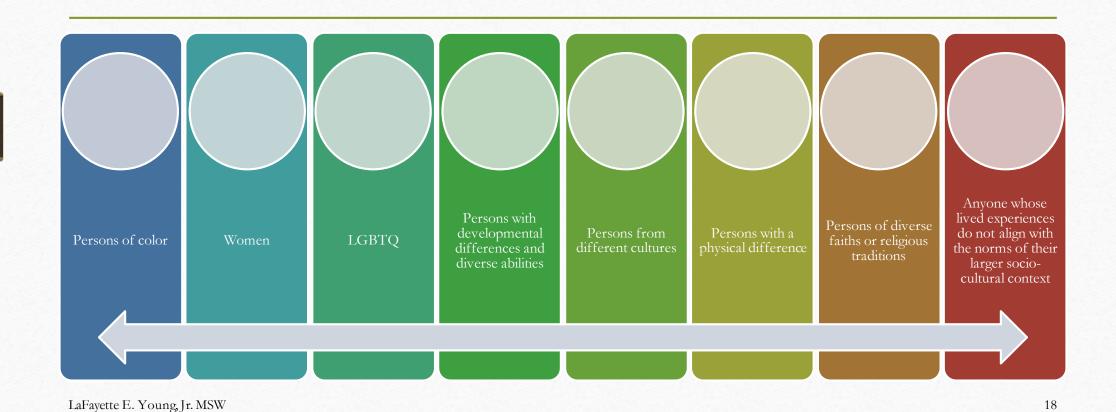
People who perpetrate macroaggressions often are unaware that they have put down another person. Also, it often comes from an unconscious place of privilege. This is also a result of our belief in stereotypes.

Can anyone give any examples of encountering macroaggressions? This can apply to race, gender, cultural practices, religion etc.

## Microagression like Mosquito bites!

• https://www.youtube.com/watch?v=hDd3bzA7450

## Who experiences Microaggression?



## Cultural Small Group Discussion

Small Group Discussion For the next 5 minutes, get into small groups and discuss at least one question below:

What are your own cultural and family beliefs and values?

Describe your own personal culture/identity?

Describe a time when you became aware of being different from other people?

## CASA Advocate & other Disciplines

How can you make applicable Cultural Humility in your work?



#### Conclusion

